



24th Annual Gasshuku

BEAUTIFUL LOCATION
AND FACILITIES IN
PARADISE

Camp Summit
270 Private Rd. 3475,
Paradise, TX 76073
972-484-8900

For pictures & map, visit
<http://campsummittx.org>



TEXAS ISSHINRYU
KARATE KAI
(www.texasisshinryu.org)

GASSHUKU 2021



"BUILDING YOU"

CAMP SUMMIT
APRIL 16, 17, 18, 2021

TEXAS ISSHINRYU KARATE KAI is proud to offer this GASSHUKU to all Senior students. We will be touching on all aspect of our Martial Arts training; truly using our body, mind, and spirit. At the same time, we will enjoy the campsite that is nestled in the trees and rolling hills of North Texas.

Do not miss this excellent experience!

ALL STUDENTS will be restricted to the camp area and will follow the camp rules. Visit our website for registration and all relevant information.

(www.texasishinryu.org)



24th ANNUAL GASSHUKU

"BUILDING YOU"

Schedule of Events

Friday, APRIL 16 **AM**

7:00	Check in & room assignments
8:00	Breakfast – Main Lodge
9:30-10:30	Training Session
10:30-11	Break
11-12	Training Session

PM

12-2	Lunch & Free Time - Main Lodge
2-3:30	Training Session
3:30-4	Break
4-5:30	Training Session
5:45	Dinner & Free Time- Main Lodge
7:30-9	Competition
9:30-11	Cabin Competition

Saturday, APRIL 17 **AM**

7:45	Breakfast – Main Lodge
9:30-10:30	Training Session
10:30-11	Break
11:00-12	Training Session

PM

12-2	Lunch & Free Time - Main Lodge
2-3:30	Training Session
3:30-4	Break
4-5:30	Training Session
5:45	Dinner & Free Time - Main Lodge
7:30-9	Training Session
9:30-11:30	Talent Night - SNL

Sunday, APRIL 18 **AM**

7-7:30	Stretching, balancing & centering
7:45	Breakfast – Main Lodge
9-10:30	Training Session
10:30-11	Break
11-12	Training Session

PM

12-1	Lunch - Main Lodge
1-1:30	Set up/Sign in
1:30-2:30	Final Testing
2:30-3:30	SHIAI
3:30-5	Potluck, Kumpai, etc.